

## Lesson Psychiatry

Lesson Title: OSH Psychiatrist		Lesson #	
CTE Area: Health Science	Science Topic:	Math Topic:	Communications topic:
<p>CTE Standard(s):</p> <p>HSZ10.02.03.02 – Recognize levels of education, credentialing requirements, employment opportunities, workplace environment, and career growth potential.</p> <p>HSZ10.02.02.00 - Apply employability skills in healthcare.</p> <p>HL02.04.01 - 4. Identify and explain key systems of the health care delivery system.</p>			
Lesson Objective:	<p>- Students will:</p> <p>Learn about forensic psychiatry,</p> <p>Learn about the use of words and interactions, therapeutic use of self ...</p> <p>Access information about history, soft-skills, educational requirements, employment and other ways they can get involved in the health field</p>		
Supplies Needed:	Video DVD Mental Health Careers: Museum of Mental Health/OPAHEC		
Vocabulary:	Forensic, Psychiatry, Interdisciplinary team, Therapeutic use of Self		

<b>THE "ELEMENTS"</b>	<b>TEACHER NOTES (and answer key)</b>
<p>1) Introduce the CTE lesson.</p> <p>Explain to students they are about to view a video of a forensic psychiatrist talking about his work. .</p>	<p>Show video</p> <p>As you watch the video notice what roles the psychiatrist takes and has in treatment and notate any questions. Is there anything that surprises you.</p>
<p>2. Assess students' CTE awareness as it relates to the lesson.</p> <p>After the video is shown, ask students to share their observations. Ask the difference between a psychiatrist and a psychologist. What qualities and characteristics did you observe in Dr. Duran that showed leadership?</p>	<p>After students share their observation review the following points if not discussed.</p> <p>The students can:</p> <ul style="list-style-type: none"> <li>● identify the differences between a psychiatrist and psychologist; (psychiatrist prescribe medications, psychologist does not)</li> <li>● Explain types of tests a psychiatrist may use</li> </ul>

	<ul style="list-style-type: none"> <li>Who may be part an interdisciplinary treatment team?</li> </ul>
<p>3. After the students share their observations, touch on the following points in teachers notes if they were not discussed among the students</p> <p>Ask students what they think Dr. Duran meant by “my stethoscope is my talking”</p> <p>Ask students why they think Dr. Duran stated that working with his patients is a “privilege”?</p>	<p>Introduce the concept of “Therapeutic use of self”</p> <p>After students share their observations. Remind students of Dr. Duran’s statement regarding human interaction being the most powerful aspect of helping a person feel better.</p> <p>Explain that “Therapeutic use of self is a counseling technique that requires the practitioner to be aware of their own behavior towards their client and how it impacts each client. Dr. Duran said he uses his mouth and ears to learn about his patients from listening to his patients he can learn what impact he is having.</p> <p>Suggest that one explanation for feeling privileged might be referring to the sense of mutual respect and humility between physicians and their patients.</p>
<p>4. Work through related questions that may not have been addressed in video.</p>	<p>Explain that “Forensic” Psychiatry is psychiatry practiced with persons who have adjudicated for crimes. It may involve more study of the legal system and laws as pertaining to persons with mental illness.</p>
<p>5. Discuss where students would get training in forensic psychiatry</p>	<p>Some medical schools offer psychiatry, and forensic psychiatry training. OHSU offers psychiatry training for physicians who want to specialize.</p>
<p>6. Students demonstrate their understanding.</p>	<p>Discussion, accessing information</p>
<p>7. Formal assessment.</p>	<p>Discussion, accessing information</p>